

# Long Island Coalition for the Homeless

## WANTS YOU TO

### Get Out of Your Comfort Zone



While many folks GIVE to help out the homeless, we don't usually think about some of the things they need the most....or we are embarrassed to donate them. The fact is that the homeless struggle to obtain essential items like bras, underwear, feminine hygiene products, etc.

We are encouraging everyone in the Long Island community to donate the things that are most embarrassing!

Give us your new undies, feminine care products, new or very gently used bras, and other items you might be embarrassed to be caught buying!

**During October we want to hear about your “scariest” shopping experience while buying items to donate!**

Share your experience on Facebook and tag @LongIslandCoalitionfortheHomeless (please keep it clean....remember, this is meant to be fun, and we don't want anyone actually feeling uncomfortable!)

**Remember to tell people you are doing it for Long Islanders in need to challenge others to participate!**

Host “Out Your Comfort Zone” Halloween Parties to spread the word! **Have some fun!**

**Step out of your comfort zone to help the homeless!**



Bring all donations to 600 Albany Ave, Suite 2, Amityville NY 11701  
[www.addresssthehomeless.org](http://www.addresssthehomeless.org) || Like us on [Facebook](#) || Follow us on [Twitter](#)